

CANCELLATION AND COOPERATION POLICY

To ensure smooth cooperation and predictable scheduling, please read the following policy.

1. Booking Appointments

Appointments can be booked through the online booking system, by email, or by message. The free introductory consultation is available once per person.

2. Cancellation and Rescheduling

Training sessions may be rescheduled or cancelled free of charge up to 24 hours before the scheduled appointment.

Cancellations made within 24 hours are considered used sessions.

If you arrive late, the session will still end at the originally scheduled time. Lost time can not be made up.

In the case of illness or unexpected medical issues, I will do my best to offer a flexible rescheduling option.

3. Membership Validity

- 4-session package: valid for 4 weeks.
- 8-session package: valid for 5 weeks.

The validity period starts on the date of purchase.

Purchased packages are non-refundable and non-transferable.

In cases of extended absence or exceptional life circumstances, the validity period may be adjusted by mutual agreement.

4. Payment

Single sessions and training packages must be paid before the session, either in cash or by bank transfer.

5. Health Responsibility

Clients are required to inform their personal trainer about any known injuries, illnesses, or health conditions at the beginning of the cooperation and whenever there are any changes.

A personal trainer does not provide medical diagnosis or medical treatment.

Results vary from person to person and depend greatly on lifestyle, consistency, and commitment to the program.

6. Communication and Cooperation

I am happy to answer brief questions between training sessions.

More detailed consultations or longer professional discussions are arranged as separate appointments.

The foundation of our cooperation is mutual respect, open communication, and collaboration.

My goal is to provide a supportive, safe, and motivating training environment where long-term, sustainable progress is possible.

7. Data Protection

Personal and health-related information shared during our cooperation will be treated confidentially, used solely for providing the service, will not be disclosed to third parties, and will be deleted after our cooperation has ended.

By booking an appointment, you confirm that you have read and accepted the above terms.

Thank you for your trust. I look forward to working with you!

Rebeka

movewithrebeka@gmail.com

www.movevrebeka.com